

The Finnish Register of Visual Impairment **Annual Statistics 2022** 

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# **Table of contents**

What is the Finnish Register of Visual Impairment?	3
Annual Statistics 2022	5
Table 1. Gender	5
Table 2. Age groups	6
Figure 1. Age groups	7
Figure 2. Age and gender	7
Table 3. Principal diagnoses of Visual Impairment by age groups	8
A. AGE GROUP 0 - 17 YEARS	8
B. AGE GROUP 18 - 64 YEARS	8
C. AGE GROUP 65+ YEARS	9
Figure 3 Principal Diagnoses of Visual Impairment	10
Table 5. Age at onset of Visual Impairment	10
Table 6. Categories of Visual Impairment by WHO's definition	11
Figure 4 Categories of Visual Impairment by WHO´s Definition with Finr	nish
Modification	12
Table 7. Native Language	12
Table 8. Family Status in Age Groups	13
Table 9. Main Type on Activity	14
Figure 5. Level on Education	14
Table 10. Level of Education	15

## What is the Finnish Register of Visual Impairment?

The purpose of the Finnish Register of Visual Impairment is to study the incidence of visual impairment in Finland. The Register serves as a basis for preventive measures and treatment of visual impairment, as well as for planning of rehabilitation and other special services for persons with visual impairment. In addition, the Register provides research material on ophthalmological diseases and visual impairment. It also aims to promote and support research in the field.

The Register is maintained by the Finnish Federation of The Visually Impaired and is subject to the National Institute for Health and Welfare (THL). The National Board of Health established the Register in 1983. The operation of the Register is regulated by the Act (552/2019) on secondary use of social and health data. Health care authorities, institutions and personnel are, under the above-mentioned Act, responsible to forward to the Register such information on persons with visual impairment as is specified in the Decree.

#### Notification of visual impairment

Notification must be made by a specialist in ophthalmology or the ophthalmological unit of a hospital. Notification must be made if the corrected visual acuity is permanently less than 0.3 in the better eye of the patient, or if the person must for some other reason be considered comparable with a person with permanent visual impairment as described above.

#### Data on the Register

A notification form is used to compile personal data of persons with visual impairment and to record information on the nature (diagnoses), severity (visual acuity and visual field) and aetiology of the impairment, on multiple impairments and on the patient's visual ability in relation to reading and moving about. In connection with the updating of records, the Central Population Records provide information on the mother tongue, marital status and possible date of death of persons with visual impairment. The Central Statistical Office reports the cause of death.

Information compiled in the Finnish Register of Visual Impairment is confidential. Information concerning an individual with a visual impairment is not released to an outsider without the approval of the National Research and Development Centre for Welfare and Health.

#### Maintenance of the Register

A central goal of the Register is to compile as comprehensive as possible a data base on visual impairment in order to serve those interested. Special statistics are drawn up on the basis of records compiled in the Register. Central statistics illustrating the profile of visual impairment can be found in the statistical section of the annual report released by the Register.

#### Promotion of research on visual impairment

The Register promotes research on visual impairment by providing special statistics based on its records, and bibliographical references to researchers and students. In addition, the Register surveys study subjects related to visual impairment, maintains contacts with researchers in the field, takes part in joint research projects and international activities, and organizes research seminars.

Administration, personnel and contact addresses

The Register operates on the premises of the Finnish Federation of the Visually Impaired in Helsinki. Register staff:

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## **Annual Statistics 2022**

The register has gathered information about the visually handicapped for 39 years (1.1.1983-). It is estimated that there are 55,000 visually impaired people in Finland (the population is 5,5 million). The register contains information on 63 297 v.i. persons, of whom 18 027 were alive (31.12.2022). 1,800 - 2,000 new registrations are made annually. New entries received in the past few years have not changed the profile of visual impairment formed on the basis of the register. It can be assumed that the register contains a representative sample of those v.i's who have been using ophthalmological health care services in Finland since the year 1983.

Our register is not complete, we are on sample basis. Therefore, the main distributions describing the registered persons are presented in the following tables as relative frequencies (%-distributions).

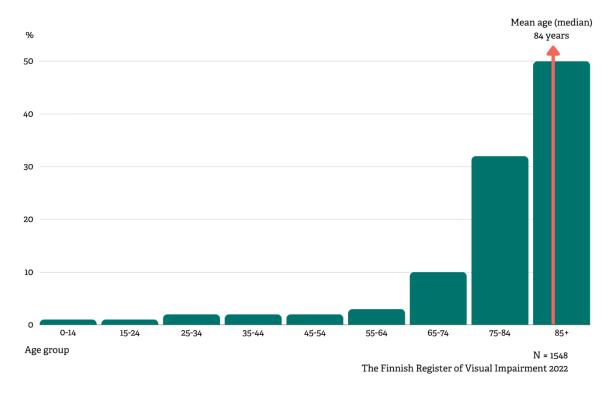
#### Table 1. Gender

	Total %	New 2022 %
Female	60,0	64,0
Male	40,0	36,0
Total N	100,0 18 027	100.0 1548

# Table 2. Age groups

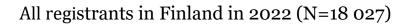
Age	Total %	New 2022 %
0 - 14	2,3	1,3
15 - 24	3,6	0,8
25 - 34	5,0	1,2
35 - 44	4,9	1,5
45 - 54	5,7	1,9
55 - 64	8,0	2,7
65 - 74	11,4	9,3
75 - 84	20,5	32,0
85 +	38,6	49,3
Total	100.0	100.0
Ν	18 027	1 548
0 - 17	3,2	1,6
18 - 39	10,1	2,3
40 - 64	16,2	5,5
65 - 84	31,9	41,3
85 +	38,6	49,3
Mean age	80	84

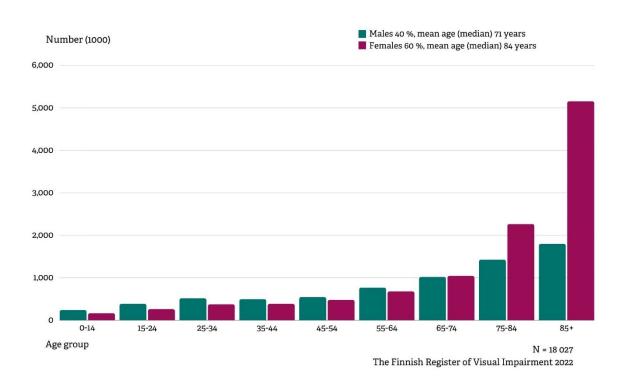
## Figure 1. Age groups



New registrants in Finland in 2022 (N = 1548)

## Figure 2. Age and gender





## Table 3. Principal diagnoses of Visual Impairment by age groups

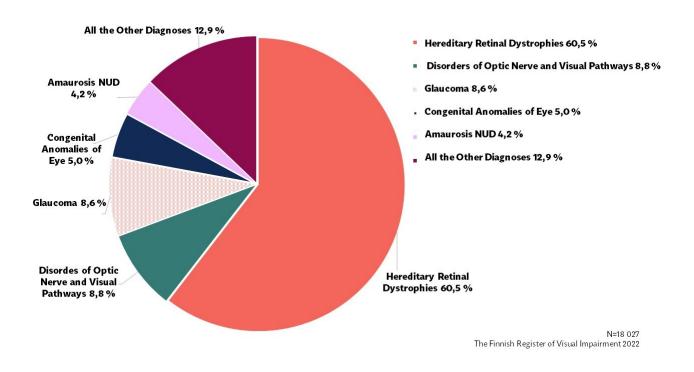
A. A	GE GROUP 0 - 17 YEARS	Total %	New 2022 %
	Disorders of optic nerve and visual pathways	30,3	29,2
	- cortical blindness	16,1	20,8
	Congenital anomalies of eye	23,5	25,0
	Hereditary retinal dystrophies	6,8	20,
			8
	Amblyopia NUD	10,2	8,3
	Albinism	5,3	0,0
	Nystagmus	0,2	0,0
	ROP, retinopathy of prematurity	2,5	4,2
	Disorders of refraction and accomodation	6,1	8,3
	Strabismus otc.	3,3	4,2
	Other diagnoses	11,8	0,0
	0 - 17 years total (total N = 571, new	100.0	100
	cases $N = 24$ )		.0
	•2		
	ν. ·		
		Total %	New
В. А	GE GROUP 18 - 64 YEARS	Total %	2022
B. A	GE GROUP 18 - 64 YEARS	Total %	
B. A	GE GROUP 18 - 64 YEARS Hereditary retinal dystrophies	Total % 21,0	2022
B. A	GE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways		2022 %
B. A	GE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways - optic atrophy	21,0	2022 % 24,8
В. А	GE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways - optic atrophy Congenital anomalies of eye	21,0 20,2	2022 % 24,8 9,1
B. A	AGE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways - optic atrophy Congenital anomalies of eye Amblyopia NUD	21,0 20,2 10,5	2022 % 24,8 9,1 5,0
B. A	AGE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways - optic atrophy Congenital anomalies of eye Amblyopia NUD Diabetic retinopathy	21,0 20,2 10,5 13,2	2022 % 24,8 9,1 5,0 0,8
B. A	AGE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways - optic atrophy Congenital anomalies of eye Amblyopia NUD Diabetic retinopathy Visual field defectes, other vis. disturbances	21,0 20,2 10,5 13,2 2,4	2022 % 24,8 9,1 5,0 0,8 9,9
В. А	AGE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways - optic atrophy Congenital anomalies of eye Amblyopia NUD Diabetic retinopathy	21,0 20,2 10,5 13,2 2,4 5,5	2022 % 24,8 9,1 5,0 0,8 9,9 7,4
В. А	AGE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways - optic atrophy Congenital anomalies of eye Amblyopia NUD Diabetic retinopathy Visual field defectes, other vis. disturbances (excl amblyopia) ROP, retinopathy of prematurity	21,0 20,2 10,5 13,2 2,4 5,5	2022 % 24,8 9,1 5,0 0,8 9,9 7,4
B. A	AGE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways - optic atrophy Congenital anomalies of eye Amblyopia NUD Diabetic retinopathy Visual field defectes, other vis. disturbances (excl amblyopia) ROP, retinopathy of prematurity Glaucoma	21,0 20,2 10,5 13,2 2,4 5,5 2,5 3,5 3,2	2022 % 24,8 9,1 5,0 0,8 9,9 7,4 6,6
B. A	AGE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways - optic atrophy Congenital anomalies of eye Amblyopia NUD Diabetic retinopathy Visual field defectes, other vis. disturbances (excl amblyopia) ROP, retinopathy of prematurity Glaucoma High myopia (myopia maligna)	21,0 20,2 10,5 13,2 2,4 5,5 2,5 3,5 3,5 3,2 8,1	2022 % 24,8 9,1 5,0 0,8 9,9 7,4 6,6 0,0
В. А	AGE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways - optic atrophy Congenital anomalies of eye Amblyopia NUD Diabetic retinopathy Visual field defectes, other vis. disturbances (excl amblyopia) ROP, retinopathy of prematurity Glaucoma High myopia (myopia maligna) Disorders of choroid	21,0 20,2 10,5 13,2 2,4 5,5 2,5 3,5 3,2	2022 % 24,8 9,1 5,0 0,8 9,9 7,4 6,6 0,0 13,5
B. A	AGE GROUP 18 - 64 YEARS Hereditary retinal dystrophies Disorders of optic nerve and visual pathways - optic atrophy Congenital anomalies of eye Amblyopia NUD Diabetic retinopathy Visual field defectes, other vis. disturbances (excl amblyopia) ROP, retinopathy of prematurity Glaucoma High myopia (myopia maligna)	21,0 20,2 10,5 13,2 2,4 5,5 2,5 3,5 3,5 3,2 8,1	2022 % 24,8 9,1 5,0 0,8 9,9 7,4 6,6 0,0 13,5 0,8

Amaurosis NUD	1,8	0,8
Disorders of cornea	1,8	4,1
Other diagnoses	11,7	10,5
18 - 64 years total (total N = 4 743, new	100.0	100
cases $N = 121$ )		.0
	Total %	New
C. AGE GROUP 65+ YEARS		2022
		%
 AMD, Age-related macular degeneration	57,9	74,0
Glaucoma	10,8	12,4
Hereditary retinal dystrophies	6,1	1,2
Disorders of optic nerve and visual pathways	3,6	1,1
Diabetic retinopathy	2,7	1,1
Amblyopia NUD	2,6	2,9
Disorders of cornea	2,5	1,9
Retinal hole	1,5	0,7
High myopia (myopia maligna)	1,4	0,1
Retinal vascular occlusion	1,4	2,3
Other diagnoses	9,5	2,3
65+ years total (total N = 12 $713$ , new	100.0	100
cases N = 1 403)		.0

Coding manual for Medical Eye Services, 1980, Based on ICD-9

## **Figure 3 Principal Diagnoses of Visual Impairment**

Registered visual impairment in Finland in 2022 (N = 18 027)



## Table 5. Age at onset of Visual Impairment

	Total %	New 2022
		%
0	9,9	0,6
1 - 17	5,0	0,2
18 – 39	6,7	0,6
40 - 64	9,3	2,3
65+	32,2	40,7
Unknown/not	36,9	55,6
reported		
Total	100.0	100.0
Ν	<b>18 02</b> 7	1 548

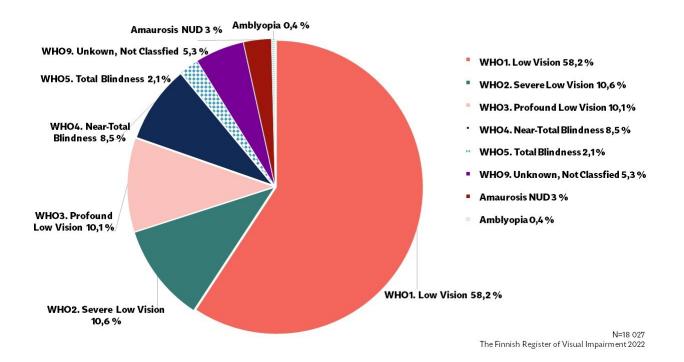
# Table 6. Categories of Visual Impairment by WHO's definition

Registered visual impairment in Finland in 2022 (N = 18 027)

	Visual acuity	Visu al field (∅)	Total %	New 2022 %
1 Moderate low	less than $0.3 \rightarrow \geq$		58,2	71,3
vision	0.1			
2 Severe low	less than 0.1 $\rightarrow \geq$		10,6	9,3
vision	0.05			
low vision, not specif			3,0	1,7
Low vision	less than $0.3 \rightarrow \geq$		71,8	82,3
total	0.05			
3 Profound low	less than 0.05 $\rightarrow \geq$	less	10,1	6,8
vision	0.02	than		
		$20^{\circ}$		
4 Near-total	less than 0.02 $\rightarrow$	less	8,5	5,0
blindness	$1/\infty$	than		
		$10^{\circ}$		
5 Total blindness	0		2,1	0,8
blindness not specified			0,4	0,0
Blindness total	less than 0.05	less	21,1	12,5
		than	·	
		$20^{\circ}$		
9 Unknown			5,3	5,2
(Other)				
Total			100.	100.0
			0	
Ν			18	1 548
			027	

# Figure 4 Categories of Visual Impairment by WHO's Definition with Finnish Modification

Registered visual impairment in Finland in 2022 (N = 18 027)



#### Table 7. Native Language

	Total %	New 2022 %
finnish	90,5	89,3
swedish	5,9	7,4
russian	0,6	0,5
arabic	0,1	0,1
estonian	0,1	0,1
other, unknown/not reported	2.8	2.6
Total	100.0	100.0
N	18 027	1 548

## Table 8. Family Status in Age Groups

Registered visually impaired 15 – 64 years old persons % in Finland according to National Cencus in 2018 %

	Age group					
	0 - 14 y	15 - 24	25-44 y	45-	65	Tot
		У		64 y	y+	al
А	95.8	59.2	15.5	3.6	0.0	7.0
В	-	7.9	33.5	47.8	34.2	34.
						0
С	-	27.8	43.1	44.2	61.2	54.
						1
D	4.2	5.0	7.9	4.5	4.5	4.8
Total	100.0	100.0	100.0	100.	100.	10
				0	0	0.
						0
				0	0	

A Child in a familyB Spouse, partner, mother/father

Not belonging to families Unknown, institutionalised population

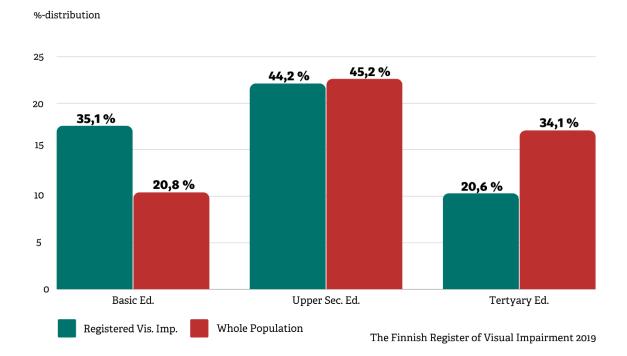
#### Table 9. Main Type on Activity

Registered visually impaired 15 - 64-year-old persons in Finland according to National Cencus in 2018 compaired with the whole population

100.0	100.0
1.9	21
50.0	
3.3	
3.2	7
15.6	
24.8	72
persons %	lation %
vis.impaired	popu-
Registered	Whole
	vis.impaired persons % 24.8 15.6 3.2 3.3 50.0 1.9

## Figure 5. Level on Education

Registered visually impaired 15 - 64 year old persons in Finland according to National Cencus in 2018 compaired with the whole population



## Table 10. Level of Education

Registered visually impaired 15 - 64 years old persons in Finland according to National Cencus in 2018 compaired with the whole population

	The duration	Regist.vis.imp. %	Whole population %
Level of	of education	2018	2018
education (1)			
Basic education	up to 9 years	35.1	20.8
Upper secondary educ.	10 - 12 years	44.2	45.2
Tertyary education	13 years +	20.6	34.1
Total		100.0	100.0
N (the registered vis	sually		
impaired persons in	this study)	4 747	

(1) The Finnish Standard Classification of Education